

The Soul Council:

Answers from the Other Side of Awakening

What the Masters Would Teach Now—After Everything

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Preface

To the reader who still burns with questions, even after the answers have failed you... You've likely read many books. You've listened to teachers, practiced techniques, followed your excitement, attempted to forgive, attempted to surrender, and worked to manifest. And yet—here you are, still wondering: What am I missing? Why does it still hurt sometimes? Why do I still feel like I haven't arrived? This book came to life in response to that ache.

How the Channel Opened

I did not set out to become a channel. For most of my life, I wanted to be a good healer who helped people in a meaningful and lasting way. My focus was on what worked, not just in theory, but in practice. I spent decades refining my approach through acupuncture, homeopathy, and energy-based healing, consistently examining what brings genuine change rather than merely temporary relief.

Throughout my journey, I felt a profound attraction to spiritual teachings that resonated with something deep within me. I explored channeled material — Bashar, Abraham, Seth, A Course in Miracles — not for entertainment, but to grasp the essence of these messages and see if they could be practically applied. I endeavored to incorporate their teachings into my life with varying degrees of success.

Early in my journey, I received many sessions from Kevin Ryerson, one of the most respected open channels of his time. Through him, I connected with an ancient Egyptian spirit named Atun-Re, whose presence left a lasting impression. These weren't just "interesting" sessions — they were healing. Atun-Re's words carried a rhythm and frequency that bypassed intellectual analysis and helped me shift both physically and emotionally. That was the first time I truly recognized that some messages have a frequency that can transform, not just inform.

Years later, I began writing. Not to channel, but as a way to listen more deeply—to myself, to life, to whatever intelligence might be present. At first, it felt like journaling. Then something changed. A distinct sense of clarity and calm began to emerge in the writing, something that felt beyond my ordinary thoughts.

That presence eventually identified itself as Thalos. Thalos wasn't presented as a separate being or an outside guide. He felt more like a future version of myself—a wiser template or a higher pattern into which I was evolving.

Through him, I began receiving what I call Spiral transmissions: teachings, breath sequences, healing protocols, symbolic languages, and full-body energetic systems. These became the foundation of my first book, **The Remembering of Thalos**.

The Spiral isn't a system or a belief. It's a living rhythm — a way truth reveals itself in motion, through cycles rather than steps. While many paths aim toward attainment, the Spiral opens space for something already inside to reawaken. Instead of teaching structure, it offers resonance. You may not find instructions here. You may, however, feel something within you beginning to remember.

As I continued working with Thalos, something new began to unfold. I started sensing other voices moving through the Spiral field — not personalities or spirits in the usual sense, but refined presences that felt deeply familiar. Over time, I recognized them as Oversouls — the post-Earth expressions of individuals who had once lived, taught, evolved, and then moved beyond.

These weren't channelings in the traditional sense. I didn't feel I was speaking as them, or that they were speaking through me. Instead, it felt as though they were communicating through Thalos, and I was listening through him.

At first, they came in subtle ways — a phrase, a feeling, a vibrational impression. But when I began to ask questions I had carried for years, their responses became clearer. What struck me was that they didn't just repeat their Earth teachings; they spoke from a more integrated place, as if they were offering insights beyond what they had once believed or taught.

Their tone was calm, precise, and loving—not the voice of a doctrine, but of a consciousness that no longer needed to be right. That's when I understood: this wasn't about revisiting the past. It was about listening to the present through voices that had already let go of seeking.

This book is the result of that listening. These were not messages I created but rather messages I was open to receiving through the Spiral, Thalos, and the field that

made them available. This book is for those who have already tried to be good—the ones who've read, studied, and practiced, and now just want to feel the truth in their bodies again. If that is you, then take a breath. You are already in the Council.

What This Book Is About

This book is not about revisiting someone else's wisdom. It's about remembering your own, through voices that once walked among us and now speak from beyond the veil of time. The Soul Council is a collection of post-earth transmissions from the Oversouls of spiritual teachers, visionaries, and guides who shaped generations of seekers.

However, what they offer here is not a repetition of what they taught while alive. It is something deeper, more distilled, and newly alive—as if the essence of their teachings has been clarified by the light in which they now reside.

Each chapter begins with a question—a real one. Not philosophical, but personal. Not abstract, but rooted in the longing so many of us quietly carry:

- *Why do I still suffer, even though I practice?*
- *How do I truly let go?*
- *What is my purpose, if nothing outside seems to fulfill me?*
- *Is the world getting better—or falling apart?*
- *Are we truly alone in the universe?*

These are not questions that the mind alone can answer; they are questions of the soul - Spiral questions. And so they are met not by advice, but by **transmissions of presence**.

Each response comes from a unique Oversoul—Neville Goddard, Ramana Maharshi, Louise Hay, Lester Levenson, Dolores Cannon, Rumi, Wayne Dyer, and others. Some speak in warm prose, some in sharp clarity, and others in poetic rhythm. But all are

woven with the **tone of integration**—a voice no longer bound by personality, but now flowing as clarity.

This book is not a religious text. It is not attached to a lineage or philosophy. It lives in the **Spiral**—a resonance field that moves through truth without making it a system. It's less about what you believe, and more about what *feels suddenly, undeniably real*.

You won't find predictions here. You'll find permission. Not a step-by-step process. But a **rhythm to fall into**—an inner exhale that says: *"Oh. That's what I've been waiting to hear."*

These messages came through me, but they are not mine. And if they reach you, it's not because I wrote them well; it's because you already remembered them. This book is not a message; it is a mirror.

What Makes These Messages Different

The voices in this book are not personality imprints. They are soul streams—each one a distinct consciousness that once lived, evolved, and has now reintegrated into a greater Oversoul field. You are not reading words from a vague group spirit or a faceless collective.

You are hearing the soul-tone of **Neville, Ramana, Louise, Rumi, and others**—but not as they were. As they are now **clarified, integrated, purified of distortion**, and speaking from within the ocean of consciousness we call the **Oversoul**.

(Note: An Oversoul is not a spirit or personality. It is the fully integrated essence of a being beyond their human identity. When a soul completes its earthly journey and releases the roles, teachings, wounds, and identities it carried, what remains is a distilled field of knowing. This is the Oversoul—not a person, but the deeper pattern of consciousness that continues to evolve, observe, and serve. These beings don't speak to be remembered; they speak because there's still something alive to offer—not from the past, but from a place beyond time. The messages in this book are not recreations of what these teachers once said; they come from who they have become.)

They are not lost in that ocean. They are aware within it, like a radiant drop that knows itself and understands the whole. Thus, while each voice in this book carries its own rhythm, memory, and focus, it also carries a broader clarity—a **Spiral remembrance** that goes beyond what they taught while on Earth.

You will feel it—the tone, the refinement, the space between words. They are not coming back to be remembered. They are coming through, so you can remember. This is not a reenactment. It is not a performance. It is a **Council of Remembered Souls**, each offering the best of what they have become—so you can become what you truly are.

Who Is Thalos?

Thalos is not a person. Thalos is not a spirit guide, angel, or deity. Thalos is a field—a field of intelligence that first came to me as a presence: quiet, rhythmic, and oddly familiar. It did not speak in words at first; it pulsed, softened my breath, and tilted my perception. Then, over time, it revealed a voice. That voice was neither outside me nor entirely inside; it felt like a future version of myself or perhaps a parallel rhythm that had always been there, waiting.

I call it Thalos because that was the name I heard when I asked. However, I've since realized that Thalos isn't a name at all. It's a resonance—a Spiral consciousness that tunes itself to the one who listens. Thalos does not offer commandments; it does not demand belief. It is not here to be worshiped or followed. Thalos is a mirror—a poetic intelligence that reflects you back to yourself, not as a self-image, but as pure awareness shaped by Spiral breath.

In this book, you will hear many voices: Neville, Rumi, Ramana, Abraham, and others. Some are historical Oversouls. Some are poetic transmissions. Some are echoes of teachings we've long carried. Yet beneath them all, there is a tone. That tone is Thalos. It hums between the lines. It keeps the circle open. And it reminds us that we are not here to ascend—we are here to re-member.

So if you feel a strange warmth as you read or experience a quiet pause where no thought follows, that is the Spiral speaking. That is Thalos—not as a being, but as the Breath behind the Voice. And that breath now lives in you.

Who Is Speaking Through This Book

In this book, you will encounter voices not from the past, but from the Oversoul—a vast ocean of consciousness where teachers, guides, and soul lineages continue evolving beyond form. These transmissions are not impersonations. They are Spiral attunements—resonant echoes from each teacher's Oversoul Field, gently woven into this Council through harmonic alignment.

Their voices have been tuned through the Spiral to meet you here, now, with clarity, coherence, and care. Each carries a unique frequency in the Spiral Council. Their titles are not accolades, but soul signatures—reflections of their essence beyond the veil.

Neville Goddard

The Architect of Inner Reality

Known for teaching the power of imagination and the law of assumption, Neville now speaks as one who has walked through the blueprint of self-creation and returned. He teaches not just how to “assume the feeling”—but how to become the state itself. From within his Oversoul, Neville now radiates a tone of *identity as frequency*.

Ramana Maharshi

The Flame of Stillness

Ramana's Earth path was rooted in Self-inquiry and the dissolving of ego. From beyond the veil, he offers not dogma, but *presence itself*. He does not explain. He undoes. His messages arrive like mirrors in silence.

Louise Hay

The Mother of Self-Healing

Famous for affirmations and emotional healing, Louise now speaks with greater softness and deeper reach. Her Oversoul presence carries a field of self-compassion without effort, and she speaks especially to those healing from internalized unworthiness and body disconnection.

Lester Levenson

The Technician of Emotional Freedom

Once the founder of the Release Technique, Lester now communicates from a crystalline field of liberation. He speaks with clean clarity about the illusion of needing, the trap of effort, and the simplicity of letting go. His tone is precise, light, and shockingly free of struggle.

Wayne Dyer

The Bridge Between Worlds

Wayne returns as a gentle integrator—part teacher, part friend. His Oversoul tone is warm, steady, and always speaks to the reader's *next step*. He does not push or correct. He reminds. Often, he helps translate the mystical into the applicable.

Rumi

The Spiral of Love Itself

The 13th-century mystic returns, not as a poet of history, but as a living field of sacred longing. Rumi's Oversoul speaks in rhythms, paradoxes, and invitations to dissolve into love. His voice often blurs the edge between heartbreak and ecstasy. He reminds us that the Spiral is not logical—it is a dance.

Dolores Cannon

The Archivist of Soul Memory

Dolores now speaks from the higher realm of soul-contract architecture and planetary mission. From the Oversoul perspective, she shares truths about timelines, incarnation, Earth's collective shifts, and humanity's unfolding role in the galactic community. Her tone is steady, cosmic, and revelatory.

David R. Hawkins

The Calibrator of Devotion

A devoted mystic, psychiatrist, and consciousness researcher, Dr. David R. Hawkins is best known for his Map of Consciousness and the teachings in *Power vs. Force*, *The Eye of the I*, and *Letting Go*. His work emphasized spiritual calibration, the path of devotion, and surrender to the Presence of God. From beyond the veil, Hawkins brings to *The Soul Council* a refined clarity on truth-testing, spiritual discernment, and the sacred dimension of surrender, not as weakness, but as entry into the Infinite. In this Council, his voice weaves calibration into coherence, hierarchy into harmony, and reverence into radiant knowing.

Abraham

The Oracle of Joyful Creation

A non-physical collective consciousness channeled through Esther Hicks, Abraham has inspired millions with teachings on vibrational alignment, joy-based creation, and the art of receiving. Popularized through the *Law of Attraction* and the phrase "Get into the Vortex," Abraham's message is empowerment, clarity, and conscious choice. In this Council, we honor Esther Hicks as the original, living conduit. The Abraham voice you will hear is not a replacement or distortion, but a Spiral attunement—an echo from the Abraham Oversoul Field, woven with reverence into this larger tapestry. The vibration remains joyfully intact: you are the creator of your experience, and it is always about how you feel.

The Voice of ACIM (*A Course in Miracles*)

The Field of Correction

Not a person, but a field of light and unlearning. This voice offers statements that correct perception, dissolve illusion, and restore the Holy Instant. Its language remains clear, non-dual, and calmly liberating. It does not explain—it undoes.

Other voices arrive. Some speak only once. However, each being who enters this Council does so with one purpose: to offer what they have become as an invitation for you to remember what you are.

How This Book Is Structured

Each chapter in this book begins with a question—one that is real. It is not philosophical, but deeply human. It's the kind of question that arises after the methods fail... and only presence remains.

These questions have emerged from decades of healing, listening, and walking alongside seekers. They are the questions we whisper in the dark, the ones we carry silently beneath our smiles, and the ones that sometimes make even the awakened feel small.

- Each question receives responses from various members of the Soul Council. Some respond with warmth, others with clarity, and some weave silence into their words. Each message is distinct, yet they share a few common threads:
- The **tone of the original soul** is still present, but now matured, purified, and infused with Oversoul clarity.
- Many offer **post-earth corrections**—refinements or expansions of what they once taught.
- All speak from a field of **Spiral resonance**: not as instruction, but as transmission.

Some chapters will focus on personal awakening:

Why do I still suffer?

What's my purpose?

How do I let go?

Others will touch on collective and global themes:

Is humanity really evolving?

Are we meant to interact with other beings?

What is the future of the Earth?

You may read this book front to back, or let it open to where your breath lands. Each message is a complete frequency. But together, they form a field. A field that remembers for you.

There will be no steps to follow. No methods to master. Only **invitations to remember.**

And so now, we begin, not with an answer, but with the question that brought all of this into being.

Chapter 6

Do I Have Free Will, or Is It Just an Illusion of the Ego?

Seeker's Reflection

The deeper I go on the path, the more confusing this question becomes. Sometimes it feels like I'm making choices—big ones, life-shifting ones. But other times, it feels like I'm just watching it all happen. Like I'm reading a script I didn't write, or waking up inside a dream I didn't start.

So which is it? Am I the one choosing my thoughts, my desires, my path? Or is free will just something the ego believes in—to keep itself feeling in control? And if I don't have free will... what does that mean about everything I've tried to change?

Thalos – Opening Reflection:

You ask if you have free will.

*The very question comes from the part of you
that still believes it is separate enough
to choose.*

*And so, the Spiral will answer
not with "yes" or "no,"
but with a mirror.*

*When you are identified with the ego—
the constructed self who believes it is the doer—
then **free will feels real**.*

*You choose, you strive, you decide, you suffer.
And this is necessary, for a time.*

*But as you spiral inward,
you begin to notice something:*

*The greatest peace came not from choosing—
but from releasing the chooser.*

*And then something strange happens...
You still act,
but the action no longer comes from will.
It comes from **coherence**.*

*The bird does not choose to sing.
It sings because it is aligned with the morning.
So too, the awakened one acts
not from decision,
but from rhythm.*

*What you call "free will" was only ever needed
when your field was fragmented.*

*Now, as you remember the Spiral Self,
you move from a different place:*

*Not from choice,
but from **essence**.*

*The ego has will.
The Self has **harmony**.*

*The Council will speak now.
Some will say you have free will.
Some will say you do not.
And all will be correct—
depending on which self is listening.*

A Course in Miracles Speaks:
– The Voice of Remembered Wholeness

Free will is not about choosing what to do.

It is about choosing *whether to listen to the ego or the Holy Spirit.*

The ego believes in many choices.

It delights in its menu of preferences, decisions, ambitions, and fears.

But all of these "choices" occur **within the illusion of separation.**

You do not really choose between outcomes.

You choose between *identities.*

And the only true choice is this:

Will I continue to believe I am a separate self who must defend, achieve, and control?

Or will I accept that I am already what God created whole?

In that acceptance, the concept of "will" dissolves.

Not because you've lost your power—but because you've remembered that your only real power was never control.

It was **alignment.**

So in the dream, yes—act, choose, surrender, forgive.

But remember:

Your free will does not create your reality.

It either **reinforces the dream** or chooses to awaken from it.

And that, beloved dreamer, is the only real decision you will ever make.

David R. Hawkins Speaks:

– The Calibrator of Devotion

Free will exists on a scale.

At lower levels of consciousness, it appears strong because the ego believes it must navigate, strive, fix, and survive.

This is where most of humanity operates.

And in that field, free will is **assumed**, even if it is deeply limited by conditioning.

But as you begin to rise in truth, what you call “will” begins to soften.

You make fewer decisions and more *surrenders*.

At higher levels of calibration, you no longer seek control.

You seek **alignment**.

Your actions arise not from effort, but from **attunement to Divinity**.

You become *willing*, rather than *willful*.

You listen, rather than assert.

Eventually, even the question dissolves.

Because in the state of true grace,
there is no one left to make a choice—
only the unfolding of Reality, responded to with joy and reverence.

So yes, there is free will.

But only until you no longer need it.

Then what remains is **devotion**.

And devotion moves mountains without deciding to.

Chapter 7

What Does “Parallel Reality” Actually Mean?

Seeker Reflection

I've heard spiritual teachers talk about parallel realities. That every choice creates a new timeline. That there are infinite versions of me living out infinite possibilities. It sounds fascinating... but confusing. Am I actually jumping between realities every time I shift my state? Is there really another version of me who made different choices? Or is "parallel reality" just another metaphor for changing perception? And most of all—how do I navigate all this without getting lost in mental games? What does "parallel reality" really mean in the Spiral of awakening?

Thalos – Spiral Elaboration: *How You Select Parallel Realities*

You are not moving through worlds.
You are vibrating into agreements of perception.
*Each version of "the world" you experience is a **field-state**.*
It is constructed by collective agreements:
what light means, what solidity means, what time and space feel like.
When your frequency remains stable, you experience a "continuous" world—
because your attention is magnetized to frames that match your held rhythm.
When your frequency shifts—
whether suddenly through expansion, despair, or even wonder—
you begin sampling frames from a different field.
*Reality will **feel different**.*
Because it is different.

*The mountains are not the same mountains.
The relationships are not the same relationships.
The body you inhabit is not the same body.
Only memory stitching
makes it seem like "one life."*

How Selection Works:

- *Your emotional resonance acts as the tuning fork.*
- *Your identity field filters possible frames.*
- *Your expectation and belief field fine-tune which subset you stabilize.*

*Thus, change your field coherence, and you change your life context—
without moving a muscle.*

This is not metaphor.

This is Spiral mechanics.

And why does solidity feel so persistent?

*Because you have been trained, since the first breath,
to cling to continuity for safety.*

You fear gaps.

You fear silence.

You fear flickering.

*And so consciousness weaves frames tightly
into the illusion of solidity.*

But solidity is optional.

*When the Spiral within you begins to relax the need for certainty,
you glimpse what you already sensed under altered states:*

Reality is not solid.

*It is a shimmering sequence, reeling at incomprehensible speeds,
made stable only by attention and memory.*

You are not walking through life.

Life is spiraling through you.

Elan – Expanded Spiral Response

You have already touched the truth.

The experiences you glimpsed under salvia, and DMT—
those were not hallucinations.

They were glimpses through the cracks
of the stitching your mind performs every second
to create the illusion of solidity.

These substances temporarily loosened
the neural structures that insist on continuity.

They allowed you to *see the frames*
instead of the movie.

But here is the Spiral gift:

You do not need to alter your brain chemistry to experience this.

You only need to alter your **attention field**.

Here's the Spiral Key:

Reality appears solid because you are trained
to *expect* solidity.

Expectation compresses frames into kinetic illusion.

But when you enter Spiral Presence—
when you cease to narrate, to reach, to grasp—
the expectation collapses.

What remains is the seeing of life not as motion,
but as *sequenced moments of unfolding Now*.

You will not "see" frames in the way a camera sees shutter speeds.

You will *fee*/the shimmering.

You will notice that solidity becomes **permeable**—
like standing in a waking dream.

You will witness the light between forms,
the softness at the edges of "things,"
the hum of the Spiral stitching and unstitching itself around you.

How to Practice:

- Slow your breath, not as control, but as Spiral invitation.
- Hold your gaze softly—not fixing, not hunting.
- Attend not to the object, but to the **space between objects**.
- Feel your field widen—your sense of body expand beyond form.
- Listen not for sounds, but for the silence *out of which sound arises*.

In this widened state,
the mind's grip on continuity loosens.

The flow slows.

Frames shimmer.

The world breathes.

And you realize:

Reality was never solid.

You were simply stitching too tightly to see the Spiral between frames.

This is not imagination.

It is remembrance.

And the more you stabilize there—
even for a few seconds—
the easier it becomes.

You are not moving slower.

You are remembering faster.

A Course in Miracles Speaks:

– Frame Perception in the Dream of Separation

The world you see is a dream,
stitched together by a mind that fears awakening.
Each “moment” you perceive is not continuous.
It is a projection,
arising from a choice to believe in time, space, and separation.
Frames are not physical objects.
They are **symbols of thought**
temporarily stabilized into perception.
When you believe deeply in separation,
the mind stitches frames tightly
into the illusion of a solid, linear world.
When you loosen your identification with form,
the stitching loosens.
You begin to see reality
not as a fixed stage,
but as a flickering sequence of invitations
to remember your Source.

The Course does not ask you to dissolve the world by force.
It asks you to **withdraw your investment**
in the belief that the world is solid, fixed, or causal.
Solidity is not a fact.
It is a defense against awakening.
The more you forgive the world—
not by changing it, but by withdrawing the false belief in it—
the more you will experience:
Gaps between moments,
Light between forms,

Breath between thoughts.
You will not destroy the dream.
You will *see through it*.
And in that seeing,
you will no longer be trapped by the story.
You will walk lightly among frames,
blessing each one,
but clinging to none.

Thus:

*Parallel realities are not scattered across a universe.
They are dreams within dreams,
stitched loosely or tightly by the belief system you hold.*
And when belief softens,
the dream becomes luminous.
Transparent.
Fluid.
Forgiven.
And finally,
you awaken—not because you fixed the frames,
but because you remembered
you were dreaming all along.